

## FOUR YEAR OLD CHECKLIST

<u>SOCIAL/EMOTIONAL</u>	<u>OFTEN</u>	<u>SOME-TIMES</u>	<u>ALMOST NEVER</u>	<u>DON'T KNOW</u>
<u>MY CHILD:</u>				
Follows simple two-step directions	_____	_____	_____	_____
Says "I can't" without trying	_____	_____	_____	_____
Repeats actions or words needlessly	_____	_____	_____	_____
Tantrums when not give own way	_____	_____	_____	_____
Acts without reason, on the spur of the moment	_____	_____	_____	_____
Can play alone for at least 20 minutes	_____	_____	_____	_____
Enjoys talking with older children and adults	_____	_____	_____	_____
Seeks answers and solutions to problems	_____	_____	_____	_____
Directs the activities of playmates	_____	_____	_____	_____
Angers easily	_____	_____	_____	_____
Becomes upset with changes in routine	_____	_____	_____	_____
Has regular playmates the same age	_____	_____	_____	_____
Demands much individual adult attention	_____	_____	_____	_____
Accepts discipline and limits	_____	_____	_____	_____
 <u>SELF-HELP</u>				
<u>MY CHILD:</u>				
Washes hands well after eating	_____	_____	_____	_____
Plays games taking turns and following rules with an adult	_____	_____	_____	_____
Can dress without help (except snapping, buttoning and belts)	_____	_____	_____	_____
says first and last name when asked	_____	_____	_____	_____
says age when asked	_____	_____	_____	_____
 <u>LANGUAGE</u>				
<u>MY CHILD:</u>				
Has speech that is difficult for other people to understand	_____	_____	_____	_____
Uses a large vocabulary accurately	_____	_____	_____	_____
Is very curious and asks meaningful questions about many topics	_____	_____	_____	_____
Listens to and enjoys stories	_____	_____	_____	_____
Repeats nursery rhymes, and sings songs	_____	_____	_____	_____
Asks the meaning of words	_____	_____	_____	_____
Puts and "s" on the end of words when talking about more than one thing	_____	_____	_____	_____
 <u>GROSS MOTOR</u>				
<u>MY CHILD:</u>				
Alternates feet walking up and down stairs	_____	_____	_____	_____
Runs smoothly and climbs well	_____	_____	_____	_____
Can pedal a tricycle	_____	_____	_____	_____
Can hop on one foot	_____	_____	_____	_____
 <u>FINE MOTOR</u>				
<u>MY CHILD:</u>				
Draws or copies a circle	_____	_____	_____	_____
Draws or copies a square	_____	_____	_____	_____
 <u>COGNITIVE</u>				
<u>MY CHILD:</u>				
Learns easily and rapidly	_____	_____	_____	_____
Counts from 1-5 or beyond	_____	_____	_____	_____
Identifies red, green, yellow and blue by name correctly	_____	_____	_____	_____
Understands the concept of 3	_____	_____	_____	_____